Distributive Education

Students get a fundamental background

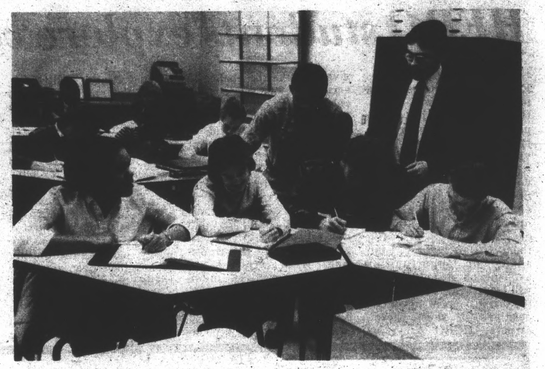
Distributive Education was developed to provide the employees of tomorrow with a fundamental background in distribution, and to give them on-the-job training.

In the DE classroom, the students are first given a background knowledge of the various jobs available in distribution and the requirements needed to obtain these jobs.

Next in the DE class, the student is taught the basic necessities which are so important in applying for, obtaining, and holding a job.

The student is then given through instruction in the general characteristics and mood of the customer, and is taught how to cope with these customer characteristics.

Often as the student gains keener insight into the personalities of others, he develops better understanding of his own negative and positive personality traits and is able to overcome the one and improve the other.



CLASSROOM TRAINING is a vital part of the Distributive Education program. Pictured from left are Jenny Thornton, Donna Davis, Ron Scruggs, T.C. Franklin, Mr. John McHale (instructor of D.E.) and L.D. Fleshman.

Adult education program provides opportunities for local men, women

The purpose of the DE Adult Program is to provide a community educational program to enable men and women engaged in distributive or service occupations to develop or improve their job proficiency or to prepare for job advancement. The DE Adult program is also committed to the training of persons in the community who are planning to enter distributive occupations.

The program provides courses of instruction on three levels: Management, Supervisory, and Employee. In addition, specialized courses are available for specific types of distributive businesses or specific operational area within distributive businesses. A nominal registration fee is charged each registrant based on the number of hours of instruction and on the course level.

All instructors for course offerings are selected for their individual business success and educational experience within the subject areas they will teach. Mr. Rodney Williams is the Distributive Education Regional Adult Coordinator for this area and Mr. John McHale is the Appomattox County High School DE teacher and coordinator Mr. McHale and Mr. Williams work closely with Mr. R. B. Carter, director of Adult Education for Appomattox County, to provide a wide variety of classes that will meet the needs of Appomattox County residents and business.

Some of the courses offered include "Contact... Making a Positive First Impression", "Time Management", and "Sales Effectiveness Training." New classes and "How To Listen Effectively." For a complete list of classes scheduled for this spring or for more information phone 352-5317.

DECA emblem explained

The DECA emblem is a four point diamond with the words "Distributive Education Clubs of America" surrounding it.

The four points of the diamond symbolize: vocational understanding, civic consciousness, social intelligence, leadership development.

The first point of the diamond represents vocational understanding. After participation in the DE program, a student is well prepared to take his place in the business world and capable of handling the day to day business.

The second point expresses the students' civic consciousness. This is taught to the student through both classes and chapter activity. The student comes to recognize his obligation to the community.

He does so by studying community needs and planning projects to meet these needs.

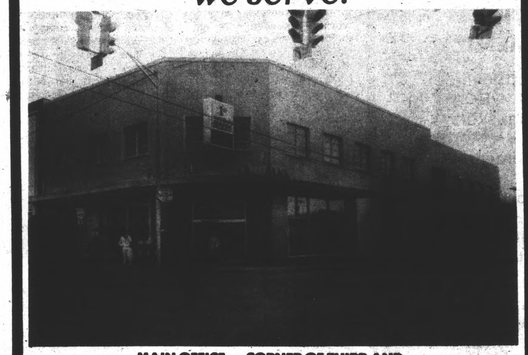
The third point of the diamond stresses social intelligence.

Through activities and social events sponsored by the DE club, the DECA member is given the chance to develop his poise and social graces that are necessary in our growing society.

The last and one of the

(Continued on page 9)

Always alert to the needs of our customers and to the needs of the communities we serve.



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For students at middle school

CH program develops good attitudes

The Consumer and Homemaking I program at Appomattox Middle School attempts to help students develop positive attitudes toward themselves, their peers, their parents, and their future. This goal is interrelated in every unit taught throughout the course. We emphasize communication skills in both written and verbal forms. Some of the actual units taught are as follows: "Developing the Individual" This unit is divided into three areas: 'Relating to Self' covers such areas as building a positive self-concept, dealing with criticism and personal changes; 'Relating to Others' deals with friendship, groups, conversations, and expressing emotions; 'Relating to Family' includes all types of family relationships.

A 2nd major unit taught is "Clothing Selection and Construction." Students are given an opportunity for hands-on work during this unit. They learn the correct operation of a Singer sewing machine and construct a garment made from a commercial pattern. Students have an opportunity to utilize consumer decisions in the selection of their patterns, fabrics, and notions. A great deal of emphasis is placed on patience, safety, and efficency as students go through the processes of laying and cutting out the pattern and fabric, constructing the garment by utilizing the written instructions on the guide sheet, safety procedures in working with the sewing machine, and the responsibility of completing the sewing project on time and in good form.

A third major unit is on "Exploring Nutrition Education". Students study the basic of nutrition and how it relates to their health and the foods they eat. They identify and study the major nutrients needed by the body, the food sources of these nutrients, how these nutrients interrelate and the disease deficiencies associated with these nutrients.

A fourth major unit and correlating with the nutrition is in "Planning and Preparing Foods". The students are exposed to menu planning, table settings, table etiquette and manners, cooking terms and techniques, measuring, interpreting and following a recipe, kitchen safety, use and care of kitchen equipment and selection and storage of foods. The consumer aspect is brought into focus throughout this unit. Students are given an opportunity to go to the grocery store and select the ingredients they will need to prepare a recipe. They have a great deal of hands on experience as they work in the foods laboratory preparing different types of foods and utilizing a variety of cooking techniques, including microwave cooking.

A fifth unit taught in Consumer and Homemaking I is "Managing Self." Students learn about setting goals, identifying and using resources, budgeting and planning.

A sixth unit taught is in the area of "Child Development." Students study the physical, intellectual, social, and emotional development of the young child. They study and develop safety rules for babysitting, communicating with the young child, nutrition needs and clothing needs. One project they participate in is writing and illustrating a storybook for a young child. They are given the opportunity to observe children and they plan and prepare for a children's play school in which young children are brought into the classroom.

A seventh unit taught is "Housing", during which the students learn about personal and shared space and organizaton and storage. They also study colors and principles of interior design.

An eighth unit taught is on "Laundering." The students study about fibers and washing characteristics of clothes, the selection of laundry equipment, laundry products, and stain removal.

Throughout each unit good student behavior, positive attitudes, and effective communication is stressed. Students have an opportunity to begin developing practical skills needed throughout life.

C&H II continues trend

Ninth grade students may elect to continue studies in the areas of home economics by enrolling in Consumer and Homemaking II. Although this is a sequential course, building on skills and knowledge acquired in Exploratory Home Economics 7 and Consumer and Homemaking I, these are not prerequisite classes. Any ACHS student who wishes to BEGIN home economics course work may elect this course.

In Consumer and Homemaking II, students study and practice skills in such areas as foods and nutrition, etiquette, clothing management, personal and family finances, home furnishings, home safety, family health and home nursing, and family recreation.

The major focus of this course is to give all students a solid foundation for personal and family life, with particular emphasis on planning and management skills.

Three sections of this course are currently being taught by Mrs. Tawanna Lee, who holds a B.S. degree in Home Economics Education from Radford University, and Mrs. Pat Rice, who holds a B.S. degree in Home Economics Education from Longwood College.

Local program extensive

(Continued from page 1)

percent of the graduates who attained a marketable skill through an occupational preparation program," says Mr. Armentrout, who has served as principal of the high school the last seven years.

Appomattox County High School is one of more than 60 high schools in Virginia with a vocational education wing as part of the high school. "It is our intent to make our vocational offerings effective in training students for the job market. Even though there are thousands of different jobs in the working world, we must be flexible enough to provide job-entry skills in the 14 separate programs that are offered," says Richard Carter. He also emphasizes the difficulty that a school system like Appomattox has in keeping up to date in a technology society. "The business and industry world is changing rapidly. Securing equipment comparable to the industrial and business world is an extremely challenging aspect of training in today's education system," replies Carter as he seeks to establish priorities in the vocational education management systems.

Citizens in Appomattox County have every right to be proud of the comprehensive vocational offerings in the school system. The challenge to its citizens is to continue to improve so as to make each graduate of a vocational program extremely competitive in a growing technological society.

'The Wonderful World of Armstrong' --- proud to be a part of Appomattox since 1974

FLOOR FASHIONS FROM THE INDOOR WORLD OF Armstrong

HERO explores many fields

(Continued from page 7)

host/hostess, waiter/waitress and staff to cater to their every need. They receive menu's listing the "specialty of the house" and other side orders. The "specialty of the house" is a four-course meal which includes the main course, vegetables, bread and beverage.

The Raiders' Cove serves many types of meals ranging from American to oriental and including anything from hamburgers and hot dogs, turkeys and hams to peppered steaks and baked chicken. There are also many scrumptous desserts including things such as apple crisp, pudding-in-a-cloud, chocolate cakes, cheese cakes and short cakes.

The restaurant is so highly enjoyed and also prosperous that it will be continued throughout the rest of the year on its usual days (Tues. & Thurs.). Depending upon conditions the Raiders' Cove may also be opening on Wednesdays.

In December of 1983 the HERO organization took on another challenging adventure to test their skills. It was known as the HERO Deli and was also run by the students in Food Occupations I & II. Students began on December 16 and continued until December 22 taking orders for Christmas foods such as cookies, candies, cakes and pies. These items were then prepared throughout the specified time and then delivered just in time for Christmas.

The HERO organization has also prepared after-school meals for outside groups such as the Young Farmers of America, the Citrus Fruit Committee, etc. in which several food occupational students volunteer to assist in preparing and serving the meals that they are requested to prepare for the organizational members.

Already with over half the year completed and the great race still on the HERO organization has once again a chance to use and show off their achieved skills. During the week of February 16 through February 20 HERO will be preparing specialty snacks and treats for almost over 400 people who will come to participate in Vocational Education Week at the Appomattox County High School.

HERO is definitely on the ball thus far and will continue to be until it completes its plan of action and its members have achieved their goal — to win the great race.

So come and join HERO in Vocational Education Week.

The DECA emblem

(Continued from page 8)

most important points of the diamond is leadership development. The DE student holds many activities throughout the year which supply opportunities for the students to participate and learn to be good leaders as well as good followers.

In the center of the DECA diamond is a wrapped package. This package stands for a job well-done and a well-rounded education.

This is achieved through the cooperation of the school administration, teachers, parents, and businessmen all working together to develop the student.